Sandon Meridian Academy

Curriculum Map 2016 - 2017

BTEC Sport Year 11

Autumn 1

Week Commencing	Topic	Extended learning	Assessment
6th September	1: Fitness for Sport & Exercise. Revision. Assessor: External **Basic Principles - FITT**	REVISION/EXAMINATION PRACTICE	Practical Assessment 1
12th September	1: Fitness for Sport & Exercise. Revision. Assessor: External **Additional Principles of Training**	REVISION/EXAMINATION PRACTICE	Practical Assessment 2
19th September	1: Fitness for Sport & Exercise. Revision. Assessor: External **Fitness Training Methods for Flexibility**	REVISION/EXAMINATION PRACTICE	Practical Assessment 2
26th September	1: Fitness for Sport & Exercise. Revision. Assessor: External **Fitness Training Methods for Strength, Muscular Endurance & Power**	REVISION/EXAMINATION PRACTICE	External Assessment - On Demand Test
3rd October	1: Fitness for Sport & Exercise. Revision. Assessor: External **Fitness Training Methods for Strength, Muscular Endurance & Power**	REVISION/EXAMINATION PRACTICE	
10th October	1: Fitness for Sport & Exercise. Revision. Assessor: External **Fitness Training Methods for Aerobic Endurance and Speed**	REVISION/EXAMINATION PRACTICE	
17th October	1: Fitness for Sport & Exercise. Revision. Assessor: External **Fitness Testing**	REVISION/EXAMINATION PRACTICE	

Autumn 2

Week Commencing	Topic	Extended learning	Assessment
1st November	**6: Leading Sports Activities** (Practical Sessions) & (Theory). Assessor: JS/BS. IV: MP/MX	**Learning Aim A:** What Makes a Successful Sports Leader? **Learning Aim B**: Sports Leadership (Practical Sessions)	**Learning Aim A:** External Assessment - 2A.P1-2A.P2, 2A.M1-2A.M2, 2A.D1 **Learning Aim B:** External Assessment - 2B.P3-2A.P4, 2B.M3-2B.M4
7th November			
14th November			
21st November			
28th November			
5th December			
12th December			

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Spring 1

Week Commencing	Topic	Extended learning	Assessment
3rd January	**4: The Sports Performer in Action.** Assignment 1 Tasks. Assessor: JS/BS IV: MP/MX	**Learning Aim A:** Your Body: Responding and Adapting to Exercise	**Learning Aim A:** External Assessment - 2A.P1-2A.P4, 2A.M1-2A.M4, 2A.D1
9th January			
16th January			
23rd January			
30th January			
6th February			
13th February			

Spring 2

Week Commencing	Topic	Extended learning	Assessment
27th February	**4: The Sports Performer in Action.** Assignment 2 Tasks. Assessor: JS/BS IV: MP/MX	**Learning Aim B:** Energy for Sports Performance	**Learning Aim B:** External Assessment - 2B.P5, 2B.M5, 2B.D2
6th March			
13th March			
20th March			
27th March			
3rd April			

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Summer 1			
Week Commencing	**Topic**	**Extended learning**	**Assessment**
24th April	All Units Outstanding Coursework Catch Up/Coursework Improvement		
1st May			
8th May			
15th May			
22nd May			

Summer 2			
Week commencing	**Topic**	**Extended learning**	**Assessment**
5th June	Year 11 Leave/Claim Grades		
12th June			
19th June			
26th June			
3rd July			
10th July			
17th July			