

	Week Commencing	7th September	14th September	21st September	28th September	5th October	12th October	19th October
Autumn 1	Topic	Review hygiene & safety	Practical small cakes	Eat less fat	Practical spaghetti bolognaise	Eat less sugar	P1 assessment	Practical banana bread
	Extended learning			Foods and their fat content		How much sugar in your food?		
	Assessment	Healthy eating	Evaluation		Evaluation		P1 assessment	Evaluation

	Week Commencing	2nd November	9th November	16th November	23rd November	30th November	7th December	14th December
Autumn 2	Topic	Eat more fibre	Wholemeal bread buns practical	Eat less salt	Practical macaroni cheese	Importance of staple foods	P2 assessment	Practical lasagne
	Extended learning	Importance of fibre in the western diet		How much salt do you add?				
	Assessment		Evaluation		Evaluation	Pasta as a staple food		Evaluation

	Week Commencing	4th January	11th January	18th January	25th January	1st February	8th February	
Spring 1	Topic	Staple foods	Rice salad practical	Staple foods	Bombay potatoes	P3 assessment	Staple foods	
	Extended learning							
	Assessment	Rice as a staple food	Evaluation	Potatoes as a staple food.		P3 assessment	Rice as a staple food	

	Week Commencing	22nd February	29th February	7th March	14th March	21st March		
Spring 2	Topic	Review hygiene & safety	Practical small cakes	Eat less fat	Practical spaghetti bolognaise	Eat less sugar		
	Extended learning			Foods and their fat content				
	Assessment	Healthy eating	Evaluation		Evaluation			

	Week Commencing	11th April	18th April	25th April	2nd May	9th May	16th May	23rd May
Summer 1	Topic	P4 assessment	Practical banana bread	Eat more fibre	Wholemeal bread buns practical	Eat less salt	Practical macaroni cheese	Importance of staple foods
	Extended learning			Importance of fibre in the western diet		How much salt do you add?		
	Assessment	P4 assessment	Evaluation		Evaluation		Evaluation	Pasta as a staple food

	Week commencing	6th June	13th June	20th June	27th June	4th July	11th July	18th July
Summer 2	Topic	P5 assessment	Practical lasagne	Staple foods	Rice salad practical	Staple foods	Bombay potatoes	Conclusion & evaluation
	Extended learning							
	Assessment	P5 assessment	Evaluation	Rice as a staple food	Evaluation	Potatoes as a staple food		